

# Freshmen In Transition Expectations

## 2018-2019

### Attend Cowboy Welcome Week

- All FIT Students participate in Cowboy Welcome Week.

### Make Academic Success a Priority

- CASNR Academic Programs office has a **minimum 3.0 group GPA goal** for FIT participants. Every member of FIT will strive to help in meeting that goal (students, RAs and SAMs).
- Each FIT student is to maintain a **minimum 2.5 institutional GPA** for the 2018 Fall Semester.
- FIT Students are encouraged to use the tutoring services on the OSU campus.
- Students are expected to know their faculty members' office hours and use them when necessary.
- FIT will host academic workshops as requested or scheduled by FIT students, small groups, committees and/or SAMs.
- Students are expected to notify CASNR Administrators when they cannot attend required FIT activities.

### Large Group Activities

- Each student will attend bi-weekly large group living learning community meetings (Sunday's at 7:00pm) to assist in the guidance, support, and direction in the transition to college life.
- Participation in large group activities is vital to your FIT experience and **is required**.
  - Non-participation in meetings and activities will result in meetings with CASNR Administrators

### Small Group Activities

- Each FIT student is assigned a FIT SAM (Freshmen In Transition Student Academic Mentor) to serve as group leader and will facilitate bi-weekly small group meetings and activities as well as assist students with individual questions and concerns.
- Participation in small group activities is vital to your FIT experience and **is required**.
  - Non-participation in meetings and activities will result in meetings with CASNR Administrators.

### Develop Professional & Leadership Skills

- FIT students will participate in activities to help them with their career and major choices (Grey Card and Plan of Action Meeting).
- Each semester FIT students create a professional resume and have it critiqued by a member of CASNR Career Services.
- Each FIT student will become familiar with CASNR Careers services and attend two or more Career Fair/Career Information session per semester.

### Involvement and Service

- Each student will be encouraged to participate in one FIT Homecoming committee.
- FIT students are asked and encouraged to join and participate in a college or university club, organization or association of their choice.
- Each FIT student will accomplish at least 15 hours of community service each semester (campus-wide projects, special project as a FIT group or volunteer individually).

### Educational Programs

- Students will attend two campus-wide educational events per semester.
  - Faculty members, administrators, club representatives, student government representatives, student service professionals, employers and industry professionals are possible speakers.
- Students will attend at least two "expand your horizons" (i.e. Allied Art/cultural/international) events per semester.

### Networking

- Students will attend two faculty/staff dinners per semester.
- FIT coordinators/SAMs will provide additional information for networking opportunities and encourage student attendance at departmental-hosted speakers and events.

### Community Building & Wellness

- Students will attend two wellness activities per semester. These may include physical, emotional, social, or spiritual wellness (seminars, fitness classes, intramural sports, counseling sessions or joining/attending religious functions).
- Committees will plan/organize community-building/social/wellness activities for FIT throughout the year (participating in homecoming). Attendance at these events is encouraged.