Freshmen In Transition Expectations  
2015-2016

Attend Cowboy Welcome Week
- All FIT students attend Cowboy Welcome Week in the Fall semester.

Make Academic Success a Priority
- CASNR Academic Programs office has established a minimum 3.0 group GPA goal for FIT participants. Every member of FIT will strive to help in meeting that goal (students, RAs and SAMs).
- FIT students are encouraged to use the tutoring services in the FIT residence hall and on the OSU campus. Students are expected to know the faculty members’ office hours and use them when necessary. FIT will host other academic workshops as requested or scheduled by FIT students, small groups, committees and/or SAMs.

Small Group Activities
- Each FIT student is assigned a FIT SAM (Freshmen in Transition Student Academic Mentor) who will serve as a mentor, facilitate weekly small group meetings and activities, and assist students with questions and concerns.
- Participation in small group activities is vital to your FIT experience. 
  - Non-participation in meetings and activities will result in meetings with CASNR Administrators.

Large Group Activities
- Each student will attend bi-weekly large group living learning community meetings to assist in the guidance, support, and direction with the transition to college life.
  - Non-participation in meetings and activities will result in meetings with CASNR Administrators.
  - Students are expected to notify CASNR Administrators when they cannot attend weekly meetings.

Develop Professional and Leadership Skills
- FIT students will participate in activities to help them with their career and major choices.
- Each semester FIT students create a professional resume and have it critiqued by a member of CASNR Career Services in fall semester.
  - Each FIT student will become familiar with CASNR Careers services and attend two or more Career Fair/Career Information session per semester.
  - Each FIT student will create a portfolio to use as a career and college networking piece.

Involvement and Service
- Each student serves on and is to be an active member of one FIT committee.
  - Non-participation in meetings and activities will result in meetings with CASNR Administrators.
- FIT students are asked and are encouraged to join and participate in a college or university club, organization or association of their choice.
- Each FIT student is to accomplish at least 15 hours of community service each semester. Students will have the responsibility and opportunity to work as a group on campus-wide projects, create a special project as a FIT group or volunteer individually for the philanthropy of their choice.

Educational Programs
- Students will attend two campus-wide educational events per semester:
  - Faculty members, administrators, club representatives, student government representatives, student service professionals, employers and industry professionals are possible speakers.
  - Students will attend at least two “expanding horizons” (i.e. Allied Art/cultural/international) events per semester.

Networking
- Students will attend two faculty/staff dinners per semester.
- FIT coordinators/SAMs will provide additional information for networking opportunities and encourage student attendance at departmental-hosted speakers and events.

Community Building & Wellness
- Students will attend two wellness activities per semester:
  - Includes physical, emotional, social, or spiritual wellness. These may be seminars, fitness classes, intramural sports, counseling sessions or joining / attending religious function.
  - Committees will plan/organize community-building/social/wellness activities for FIT throughout the year. Attendance at these events is encouraged.
  - Wellness activities will be promoted within the CASNR Village. All FIT students are encouraged to participate in an intramural sport as a social event or as competitive teams.