Attend Cowboy Welcome Week
  - All FIT Students attend Cowboy Welcome Week.

Make Academic Success a Priority
  - CASNR Academic Programs office has **a minimum 3.0 group GPA goal** for FIT participants. Every member of FIT will strive to help in meeting that goal (students, RAs and SAMs).
  - Each FIT student is to maintain **a minimum 2.5 institutional GPA** for the 2017 Fall Semester.
  - FIT Students are encouraged to use the tutoring services on the OSU campus.
  - Students are expected to know their faculty members’ office hours and use them when necessary.
  - FIT will host academic workshops as requested or scheduled by FIT students, small groups, committees and/or SAMs.
    - FIT students are expected to attend.

Small Group Activities
  - Each FIT student is assigned a FIT SAM (Freshmen In Transition Student Academic Mentor) to serve as group leader and will facilitate bi-weekly small group meetings and activities as well as assist students with individual questions and concerns.
  - Participation in small group activities is vital to your FIT experience and is required.
    - Non-participation in meetings and activities will result in meetings with CASNR Administrators.

Large Group Activities
  - Each student will attend bi-weekly large group living learning community meetings to assist in the guidance, support, and direction in the transition to college life.
    - Students are expected to notify CASNR Administrators when they cannot attend bi-weekly meetings.
    - Non-participation in meetings and activities will result in meetings with CASNR Administrators.

Develop Professional & Leadership Skills
  - FIT students will participate in activities to help them with their career and major choices (Grey Card and Plan of Action Meeting).
  - Each semester FIT students create a professional resume and have it critiqued by a member of CASNR Career Services.
  - Each FIT student will become familiar with CASNR Careers services and attend two or more Career Fair/Career Information session per semester.

Involvement and Service
  - Each student will be encouraged to participate in one FIT committee.
  - FIT students are asked and encouraged to join and participate in a college or university club, organization or association of their choice.
  - Each FIT student will accomplish at least 15 hours of community service each semester (campus-wide projects, special project as a FIT group or volunteer individually).

Educational Programs
  - Students will attend two campus-wide educational events per semester.
    - Faculty members, administrators, club representatives, student government representatives, student service professionals, employers and industry professionals are possible speakers.
  - Students will attend at least two “expand your horizons” (i.e. Allied Art/cultural/international) events per semester.

Networking
  - Students will attend two faculty/staff dinners per semester.
  - FIT coordinators/SAMs will provide additional information for networking opportunities and encourage student attendance at departmental-hosted speakers and events.

Community Building & Wellness
  - Students will attend two wellness activities per semester. These may include physical, emotional, social, or spiritual wellness (seminars, fitness classes, intramural sports, counseling sessions or joining/attending religious functions).
  - Committees will plan/organize community-building/social/wellness activities for FIT throughout the year (participating in homecoming). Attendance at these events is encouraged.